

**Cindy Grisdela**  
**Contemporary Art Quilts**  
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**Improv Play with Lines and Shapes Supply List**

Learn versatile improv techniques to create improv circles, angled stripes, and inset strips. In addition, we'll talk about choosing color effectively and using simple design principles to create dynamic compositions. Students may choose to create a quilt similar to the one shown, or they may combine the elements into their own design.

Choose a color recipe—for example, warm colors like red, orange, and yellow, or cool colors like blue, green, and purple. Or you can choose an “anything goes” color recipe and use all the colors! Include different values of your colors—lights, mediums, and darks—as well as several contrasting colors to add interest. My quilt has a base of cool greens and blues, plus pops of orange and hot pink. Fabrics can be solids, batiks, small scale prints, or a combination.

- 8-12 fat quarters in a variety of values, plus one ¼ yd. for the inset strip
- Sewing machine in good working order with a ¼” foot
- Rotary cutter and mat – I like the 60mm rotary cutter, but bring whatever size you like best, with a new blade
- Rulers—suggest 9” square and 6” x 12”
- Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors and/or snips for cutting threads, measuring tape
- Batting or flannel to use as a “design wall”
- Notebook and pen or pencil to take notes
- Digital camera or phone to take photos of design options (optional)
- *Artful Improv: Explore Color Recipes, Building Blocks & Free Motion Quilting* by Cindy Grisdela