

# Cindy Grisdela

## Contemporary Quilts

Reston, VA

[cindygrisdela.com](http://cindygrisdela.com) 703-402-3116 [cindy@cindygrisdela.com](mailto:cindy@cindygrisdela.com)

### ABSTRACTING FROM ART

#### SUPPLY LIST

- **IMPORTANT: one or more inspiration photos from paintings, photographs, graphic design, magazine pages, or other source (2 or 3 is plenty)**
- Sewing Machine with manual – with a ¼” foot (required) and a “hopping” or darning foot for free motion (optional)
- Rotary cutter – I like the 60mm rotary cutter, but bring whatever size you like best, with a new blade
- Cutting Mat –I like 24” x 36” but bring the largest one you can fit in your luggage
- Rulers – suggest 9” square, 6” x 12” rectangle, and your favorite long ruler
- Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors and/or snips for cutting threads, measuring tape, safety pins
- Batting to design and transport your quilt
- Paper and/or notebook for making notes, sketches, and drawings about your quilt—this is important!
- Digital camera or phone with the ability to take pictures
- Blue painter’s tape
- \*optional but helpful - *Artful Improv: Color Recipes, Building Blocks & Free Motion Quilting* and *Adventures in Improv Quilts* by Cindy Grisdela

#### Fabric:

You don’t need to buy fabric especially for this class unless you want to. Bring a box or suitcase of fabrics that you like together, remembering that it’s important to have a **range of values** from light to medium to dark so you will have contrast in your work.

If you want to be specific, bring fabric representing the color wheel—red, pink, orange, yellow, green, blue, turquoise, purple. Also include neutrals including black and white, and brown and gray in a range of values.

Part of the fun is making do with what you have. It’s fine to bring solids, prints or a combination. If you use prints, be sure to include some tone on tone, grunge, or similar fabrics that “read” as

solids for contrast. Scraps or fat quarters are also fine, but you will need some yardage—1/2 yd. or 1 yd. pieces should be enough.